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Sun – ☉



As the heart and center of our solar system, the **Sun** (a star) is the grandest of all the planets. In ancient cultures it was considered a deity or some supernatural phenomenon. A fairly average star, the name of our Sun can be traced back to the Indo-European language, the ancestor language to many other languages. The Sun is thought to have formed from some of the remains of a previous supernova. According to stellar fusion models, it is classified as a ‘main sequence star’ in a state of sustained nuclear fusion, and it has various zones within it that are alternately convective and radiative. A near-perfect sphere, it does not have definite boundaries as rocky planets do.

The Sun is the Father, the Creator and the Ruler of the other planets, all of which shine with its reflected light. The brightest object in the sky, the Sun renders the strongest of all planetary influences, is the source of our vitality, and represents a dominant dimension of an individual and that individual’s need for self-realization and life purpose.

The glyph for the Sun consists of the circle of spirit with a dot in the center to symbolize the divine spark within each of us that endows us with individualism and creativity. This circle is also considered the Shield of Helios. In any case, this glyph represents the microcosm of the Self within the macrocosm of the Infinite.

The Sun is considered the Essential Self and represents the conscious mind, the core of our identity, where we’re going in the future, our heart, ego, physical strength and spirit. Due to its constant nature, it impels strong conscious and unconscious tendencies on many levels. It stands for the principle of individualization and can bring happiness, success and even fame.

Like a forceful but sacred fire, the Sun creates and sustains life. Masculine in nature, it rules the will and determination, and represents male, externalizing, yang and

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conscious principles and activities, self-empowerment and our outer public activity in the world.

The Sun shows personal direction, stands as proof of what individual efforts can lead to or bring about and is the stamp of our character and our face in the world. It sustains and often initiates our awareness of a personal destiny to fulfill some purpose or attain some goal. It empowers us to command respect and authority, to impress and influence others, and to be the center of attention and gain recognition, but it also reminds us individually and collectively of our connections to the spirit, our unity as one mankind and our common goals.

More than any other planet, the Sun symbolizes our uniqueness, our creative self-expression and the source of our personal identity. It defines who we are and what we are all about, impels the direction and focus of our lives, and serves as the basis of our determination to accomplish what we set out to do. The Sun symbolizes power and authority, purpose and motivation, the perceptual faculties of the soul, the light of the mind, destiny, the hero or heroine, the successful conquest, the leader that puts ideas into practice, and the ability to overcome obstacles. The Sun gives us the power and the resolve to see past temporary setbacks, channel our energies and move forward, confident that luck and good fortune light the path ahead.

As our source of natural light, the Sun also represents our inner light and the nucleus of our potential, our radiance and how we shine in the world, our dignity, integrity, inner power, confidence, generosity, loyalty and optimism. It symbolizes the awakening consciousness, the quest to discover one's true potential, and the endless journey on the road to self-discovery. The Sun is considered the key to an individual's heart, equal only to the Moon in significance in describing a person's basic core and center.

In most cases, the Sun's influences are likely to be direct and uncomplicated, manifesting with obvious ambition and determination while incorporating high-mindedness and a concern for humanity. In business, the Sun empowers one to squarely face matters at hand and employ a firm strategy for success, yet accept losses with grace. The Sun is out in front, forthright, dynamic, punctual, energetic, prudent, diplomatic, encouraging, and desirous of acquiring power. It governs overall health, renders advancement, status and glory, fosters a strong presence others often find irresistible, and imparts a generous, free, artistic, judicious and wise nature. It bestows awareness, dignity, honesty and organizational ability. In personal affairs, the Sun obliges one to keep promises and secrets, maintain respect, and act with self-control.

However, many of the finer aspects of this benevolent 'King of the Planets' may often be neglected, blocked, exaggerated or dissipated, thereby transforming magnanimity into false pride and egotism, and a benign sense of purpose into selfishness,

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arrogance and even cruelty. Though usually positive, the Sun can exhibit bad judgment, lead one to dishonor or sway one towards wastefulness and financial dependency. It can guide one in good direction in life, with clear goals and methods to achieve them, or it can harbor a pessimistic attitude and lead to mental or emotional problems. The Sun can enlighten and be deserving of trust, or it can radiate a pompous, dogmatic attitude and a troublesome disposition. At its worse, the Sun drives one to tyrannical and despotic extremes.

The Sun rules Leo (Fixed Fire) and the Fifth House in astrology charts.

Main Keywords: Life force, public activity in the world, where we're going in the future, heart, identity, consciousness, the will, vitality, spirit, father, externalizing tendencies, ego, status, authoritative, empowerment.

Gender: Masculine, Yang

Relations/People/Careers: Self, father, male figures, the husband, authorities, superiors, actors, entertainers, pharmacists, judges, government and/or administrative officials, directors of public utilities, financiers and bankers, kings, bosses, heads of state, nobility, leaders, diplomats, doctors, tyrants, courtiers, craftsmen, sellers of ornaments, body trainers, physical therapists, senior judiciary, police, athletes, jewelers, people desirous of fame and honor.

Places: Theaters, schools, embassies, ballrooms, dining rooms, halls, houses, magnificent buildings, playgrounds, banks, pharmacies, casinos, administrative and financial offices, castles, kingdoms, physical training centers, theatres and entertainment centers, temples, places of worship, government institutions, mountainous regions, forests, hot sunny open places, beaches, deserts.

Actions: Public actions, to advance or take charge, authoritative and decisive actions, to use conscious will, to instigate or create, dynamic, dramatic and expressive actions, to seek fame, to shine in the public spotlight, to follow one's dream or vision, organizing, planning the future, to radiate, create heat, blast or push outward.

Positive traits: Self-confident, creative, self-expressive, noble, kind-hearted, sunny disposition, integrity, empowerment, humble, courageous, loyal, dignified, genuine, strong willed, individuality, independent, leadership, playful, mental clarity.

Negative traits: Lack of self-confidence, low self-esteem, deceit, manipulation, power struggles, domineering, arrogant, blind spots, false pride, pompous attitudes, egotism, power tripping, egotistic, self-centered, power seeking, vanity and laziness.

Body Parts/Processes: Heart, arteries, head, brain structure, circulation and oxygen in the blood, back, spine, bones, stomach, sight, right eye in males, left eye in females, pituitary gland, thyroid, general health and vitality.

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Objects/Substances: Medicines, gold, diamonds, precious metals, valuable and/or scarce objects, trees in general, wool, wood, many common spices, copper red objects, hot objects, glistening substances.

Day: Sunday, dawn, daylight, noon.

Gems: Ruby, garnet, rutilated quartz, red spinel.

Colors: Yellow, gold, orange, yellow/brown, red.

More Keywords: Physical body and strength, creativity, male, yang, the ability to lead, core being, personality and ego, our overall health and well-being, active, warmth, one's natural father, husbands and other male influences, self-expression, the spirit and that which makes an individual unique, the power of the individual to meet the challenges of everyday life, majestic, authority, political power, leadership, aspirations and purpose, influence, ambition, energy, self-confidence, forceful, intelligence, grand, masterful, the conscious mind, will, honesty, motives, arrogance, advancement, career status, occupation, wise and worldly, organizational ability, inner light, radiance, a smiling face with a keen eye, fame, honor, courage, decisiveness, dignity, playfulness, ritualistic, ostentatious, integrity, dynamics, planning ability, expressive actions, take charge attitude, the ability to command respect and authority, esteem, pride, domination, vanity, nobility, the face the world sees, kind-heartedness, independence, disposition, power-seeking, outer and public activity in the world, gives strength to the other planets.

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