

Lithomancy

The Psychic Art of Reading Stones



*A guide to interpreting patterns
of stones dropped into a circle*

by
Gary L. Wimmer

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The following SELECTED PAGES are from Chapter 1 through Chapter 4 of **Lithomancy, The Psychic Art of Reading Stones**. As you read, please notice the page numbers, as this pdf contains only a part of each chapter.

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Dedication

To Alice Worrall, one of the world's most profound and accurate psychics, for teaching me Lithomancy, for her guidance concerning my life and my psychic development, and for her encouragement and insights during the writing of this book.



Alice Worrall

<http://garywimmer.com/psychic/alice.htm>

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Chapter 1 – Religion, Spirituality, and Psychic Phenomena

What does psychic mean?

The word ‘psychic’ originated from the Greek word ‘psychikos,’ meaning ‘of the soul.’ Used as an adjective, psychic is usually defined as:

- of or relating to, affecting, or influenced by the human mind or psyche
- sensitive to nonphysical or supernatural forces and influences
- marked by extraordinary mental processes, ESP, mental telepathy, etc.
- lying outside the sphere of physical science or knowledge
- having to do with the mind and the emotions rather than with the body
- of or pertaining to the human soul and/or mental phenomena.

Used as a noun, psychic usually refers to a person who:

- is responsive to psychic forces and influences
- is receptive to things beyond the natural range of perception
- possesses abilities involving a knowledge of future or past situations, people or events that cannot be explained by modern science
- is sensitive to supernatural or nonphysical forces

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- has extraordinary powers of perception and/or mediumistic powers.

According to most modern definitions, the word psychic is associated with the mind, mental perception, and nonphysical forces. The term ‘psychic phenomena’ usually refers to events that cannot be explained by the currently accepted laws of science. Definitions from some sources include the terms ‘supposedly, allegedly, or apparently’ in reference to a person who has psychic powers, but these qualifiers are inappropriate.

In truth, everyone is psychic to some degree. Psychic experiences and insights are a natural by-product of soul growth, are facilitated by the mind, and act as an inner bridge that connects the self with the Infinite. Man’s psychic nature is at the core of his gut feelings and hunches, his intuition, his perceptions about future possibilities, and his sense of knowing what is often considered beyond the realms of personal experience or the five natural senses.

Psychic awareness has been a driving force behind all religions and belief systems through which man has sought higher awareness, Heaven, Nirvana, Enlightenment, or being at one with God or Allah. Man’s psychic nature that has always offered him the opportunity to understand his inner depths and grasp the core of his uniqueness and individuality.

There are almost endless variations of psychic phenomena, and psychic energies and influences are always at work, even if one disputes or refuses to acknowledge them. Gravity, for example, does not require anyone’s awareness of it to exist or work. It does so whether we believe in it or not. The same is true for psychic phenomena, though at the present time such phenomena cannot be clearly explained in scientific terms.

Man’s Eternal Search

The relationships between religion, spirituality, and psychic phenomena have varied considerably over time and within different cultures and belief systems. Yet, historical and archeological evidence supports the notion that man has always explored his spiritual and psychic yearnings in some form or another.

Our knowledge of human history and ancient cultures has been compiled from the study of myths, traditions, archeological evidence, and numerous other sources. Though enormous gaps exist in all theories concerning man’s origins and history, it is now commonly accepted within the

Chapter 2 – The Sixteen Stones

Psychic energy can be channeled, used, and interpreted in a multitude of ways, and many different methods of Lithomancy have existed over the ages. The method explained herein empowers a **Reader** to psychically interpret information from the **Pattern** formed when that **Reader** or the **Subject** of the reading drops or tosses **Sixteen Stones** into a **Circle** of leather, lace, string, or similar material. The Pattern represents – in geometric and symbolic form – whatever the Subject and the Reader have decided it will represent.

In the basic system, the Pattern represents the Subject's current situation, the flow of energies, and the timing and sequence of events, possibilities, people, experiences, ideas, and situations most likely to unfold and affect the Subject over the next three months or more. As Readers develop their skills they can make numerous adaptations to this basic system.

The Sixteen Stones consist of **Six Personal Stones** and **Ten Planet Stones**. The Six Personal Stones represent personal issues: **Life, Magic, Luck, Love, Commitment, and Place**. The Ten Planet Stones represent the ten planets and their astrological associations: the **Sun, the Moon, Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune and Pluto**.

Lithomancy can be broken down into two aspects: the **visual aspect** and the **intuitive aspect**. The visual aspect involves studying the Pattern and the Stones. The intuitive aspect involves interpreting meaning. To make use of this fascinating art, a Reader must first become familiar with the meanings and attributes associated with each Stone. The Reader then needs to learn various

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ways of ‘seeing’ Patterns in terms of the relationships between the Stones, the Circle, and Areas that will be defined. With discipline, dedication, devotion, and experience, a Reader will learn to see any Pattern as a symbolic reference point, a map, or a blueprint from which he or she can ‘intuit, see and feel’ the situation under consideration and render valuable insights.

Lithomancy is a learned psychic art, and as with any art, skill develops with practice. It is highly versatile and not difficult to understand and apply. There are no hard and fast rules, only guidelines and suggestions, and natural intuition is the most important and empowering factor.

As a result, every Reader will invariably develop a personalized system, tailored to his or her own personality and psychic perspective. A Reader can then apply variations and personal adaptations to this basic system, change the period of time covered in the reading and/or what the Pattern is meant to represent, and/or read for people other than the Subject, but for and through the Subject. A Reader can even add an extra Stone or two to represent a specific person, issue, situation, or area of interest or concern.

Simply put, effective divination depends on a Reader’s ability to interpret meaning. Insight is the goal. The Stones, the Circle, and the Patterns are only the medium. The message lies therein.

Triggers

The terms **trigger** and **triggers** – as both a noun and a verb – are used in the following sections. A trigger is a stimulus that causes, initiates, or actuates (triggers) something else to happen. It can be a smell, a sound, a person, an object, an observation, a place, or anything that stirs up emotions, thoughts, or memories and brings issues to one’s attention.

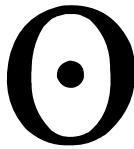
Triggers usually manifest via association, aided by experience and knowledge. In context with Lithomancy, ‘trigger’ describes the process through which a Reader intuitively gains specific insights by referring to or considering a particular Stone, an image that appears in a Pattern, a thought, or virtually any aspect of the reading process. In essence, such reference points trigger insights, visually and intuitively.

To benefit from the power of triggers, a Reader need to have a solid grasp of the meanings and keywords associated with each Stone. Empowered with this knowledge, a Reader then lets the Stones and the Pattern trigger a stream of images, thoughts, and feelings that reveal meaning.

The Sixteen Stones

It is believed that the three symbols used to form the glyphs for the planets – a circle, a crescent, and a cross – originally represented the three cosmic principles of creation. The circle is usually considered to represent spirit, the concept of creation, and the power of the will. It is also referred to as the circle of infinity or eternity. The circle is pure and infinite, and is the source of all else. Some schools of thought consider the cross as representative of the soul and the crescent as representative of matter. Others consider the cross as representative of matter and the crescent as representative of the soul.

Sun Stone



As the heart and center of our solar system, the **Sun** (a fairly average star) is the grandest of all the planets. In ancient cultures it was considered a deity or some supernatural phenomenon. Its name can be traced back to the Indo-European language, the ancestor language to many languages.

The Sun is thought to have formed from some of the remains of a previous supernova. According to stellar fusion models, it is classified as a ‘main sequence star’ in a state of sustained nuclear fusion, and it has various zones within it that are alternately convective and radiative. A near-perfect sphere, it does not have definite boundaries as rocky planets do.

The Sun is the Father, the Creator, and the Ruler of the other planets, all of which shine with its reflected light. The brightest object in the sky, the Sun renders the strongest of all planetary influences, is the source of our vitality, and represents a dominant dimension of an individual and that individual’s need for self-realization and life purpose.

The glyph for the Sun consists of the circle of spirit with a dot in the center to symbolize the divine spark within each of us that endows us with individualism and creativity. This glyph represents the microcosm of the Self within the macrocosm of the Infinite. The circle is also seen as the Shield of Helios.

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The Sun is considered the Essential Self, and represents the conscious mind, the core of our identity, where we're going in the future, our heart, ego, physical strength and spirit. Due to its constant nature, it impels strong conscious and unconscious tendencies on many levels. It stands for the principle of individualization and can bring happiness, success and even fame.

Like a forceful and sacred fire, the Sun creates and sustains life. Masculine in nature, it rules the will and determination, and represents the externalizing, yang, and conscious principles and activities, self-empowerment, and our outer public activity in the world.

The Sun shows personal direction, stands as proof of what individual efforts can lead to or bring about, and is the stamp of our character and our face in the world. It sustains and often initiates our awareness of a personal destiny to fulfill some purpose or attain some goal. While the Sun empowers us to command respect and authority, to impress and influence others, and to be the center of attention and gain recognition, it also reminds us individually and collectively of our connections to the spirit, our unity as one mankind, and our common goals.

More than any other planet, the Sun symbolizes our uniqueness, our creative self-expression, and the source of our personal identity. It defines who we are and what we are all about, impels the direction and focus of our lives, and serves as the basis of our determination to accomplish what we set out to do. The Sun symbolizes power and authority, purpose and motivation, the perceptual faculties of the soul, the light of the mind, destiny, the hero or heroine, the successful conquest, the leader that puts ideas into practice, and the ability to overcome obstacles. The Sun gives us the power and the resolve to channel our energies and move forward in spite of temporary setbacks, confident that luck and good fortune will light the path ahead.

As our source of natural light, the Sun also represents our inner light and the nucleus of our potential, our radiance and how we shine in the world, our dignity, integrity, inner power, confidence, generosity, loyalty, and optimism. It symbolizes the awakening consciousness, the quest to discover one's true potential, and the endless journey on the road to self-discovery. The Sun is considered the key to an individual's heart, equal only to the Moon in significance in describing a person's basic core and center.

In most cases, the Sun's influences are direct and uncomplicated, manifesting with obvious ambition and determination, while incorporating high-mindedness and a concern for humanity. In business, the Sun empowers one to squarely face matters at hand and employ a firm strategy for success, yet

The Sixteen Stones

accept losses with grace and dignity. The Sun is out in front, forthright, dynamic, punctual, energetic, prudent, diplomatic, encouraging, and desirous of acquiring power. It governs overall health, renders advancement, status, and glory, fosters a strong presence others often find irresistible, and imparts a generous, free, artistic, judicious and wise nature. It bestows awareness, honesty, and organizational ability. In personal affairs, the Sun obliges one to keep promises and secrets, maintain respect, and act with self-control.

However, many of the finer aspects of this benevolent 'King of the Planets' may often be neglected, blocked, exaggerated or dissipated, thereby transforming magnanimity into false pride and egotism, and a benign sense of purpose into selfishness or arrogance. Though usually positive, the Sun can exhibit bad judgment, lead one to dishonor, or sway one towards wastefulness and financial dependency. It can guide one in a good direction in life, with clear goals and methods to achieve them, or it can harbor a pessimistic attitude and lead to mental or emotional problems. The Sun can enlighten and be deserving of trust, or it can radiate a pompous, dogmatic attitude and a troublesome disposition. At its worse, the Sun drives one to tyrannical and despotic extremes.

The Sun rules Leo (Fixed Fire) and the Fifth House in astrology charts.

Main Keywords: Life force, public activity in the world, core being, personality and ego, heart, identity, consciousness, the will, vitality, spirit, father, externalizing tendencies, status, authoritative, empowerment.

Gender: Masculine, Yang

Relations/People/Careers: Self, father, male figures, the husband, authorities, superiors, actors, entertainers, pharmacists, judges, government and/or administrative officials, directors of public utilities, financiers and bankers, kings, bosses, heads of state, nobility, leaders, diplomats, doctors, tyrants, courtiers, craftsmen, sellers of ornaments, body trainers, physical therapists, senior judiciary, police, athletes, jewelers, people desirous of fame and honor.

Places: Theaters, schools, embassies, ballrooms, dining rooms, halls, houses, magnificent buildings, playgrounds, banks, pharmacies, casinos, administrative and financial offices, castles, kingdoms, physical training centers, theatres and entertainment centers, temples, places of worship, government institutions, mountainous regions, forests, hot sunny open places, beaches, deserts.

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Actions: Public actions, to advance or take charge, authoritative and decisive actions, to use conscious will, to instigate or create, dynamic, dramatic and expressive actions, to seek fame, to shine in the public spotlight, to follow one's dream or vision, organizing, planning the future, to radiate, create heat, blast or push outward.

Positive traits: Self-confident, creative, self-expressive, noble, kind-hearted, sunny disposition, integrity, empowerment, humble, courageous, loyal, dignified, genuine, strong willed, individuality, independent, leadership, playful, mental clarity.

Negative traits: Lack of self-confidence, low self-esteem, deceit, manipulation, power struggles, domineering, arrogant, blind spots, false pride, pompous attitudes, egotism, power tripping, self-centered, power seeking, vanity and laziness.

Body Parts/Processes: Heart, arteries, head, brain structure, circulation and oxygen in the blood, back, spine, bones, stomach, sight, right eye in males, left eye in females, pituitary gland, thyroid, general health and vitality.

Objects/Substances: Medicines, gold, diamonds, precious metals, valuable and/or scarce objects, trees in general, wool, wood, many common spices, copper red objects, hot objects, glistening substances.

Day: Sunday, dawn, daylight, noon.

Gems: Ruby, garnet, rutilated quartz, red spinel, pyrite, nickel.

Colors: Yellow, gold, orange, yellow/brown, red.

More Keywords: Physical body and strength, creativity, male, yang, the ability to lead, overall health and well-being, active, warmth, one's natural father, husbands and other male influences, self-expression, the spirit and that which makes an individual unique, the power of the individual to meet the challenges of everyday life, majestic, authority, political power, leadership, aspirations and purpose, influence, ambition, energy, self-confidence, forceful, intelligence, grand, masterful, the conscious mind, will, honesty, motives, arrogance, advancement, career status, occupation, wise and worldly, organizational ability, inner light, radiance, a smiling face with a keen eye, fame, honor, courage, decisiveness, dignity, playfulness, ritualistic, ostentatious, integrity, dynamics, planning ability, expressive actions, take charge attitude, the ability to command respect and authority, esteem, pride, domination, vanity, nobility, the face the world sees, kind-heartedness, independence, disposition, power-seeking, outer and public activity in the world, gives strength to the other planets.

Chapter 3 – Methods of Reading

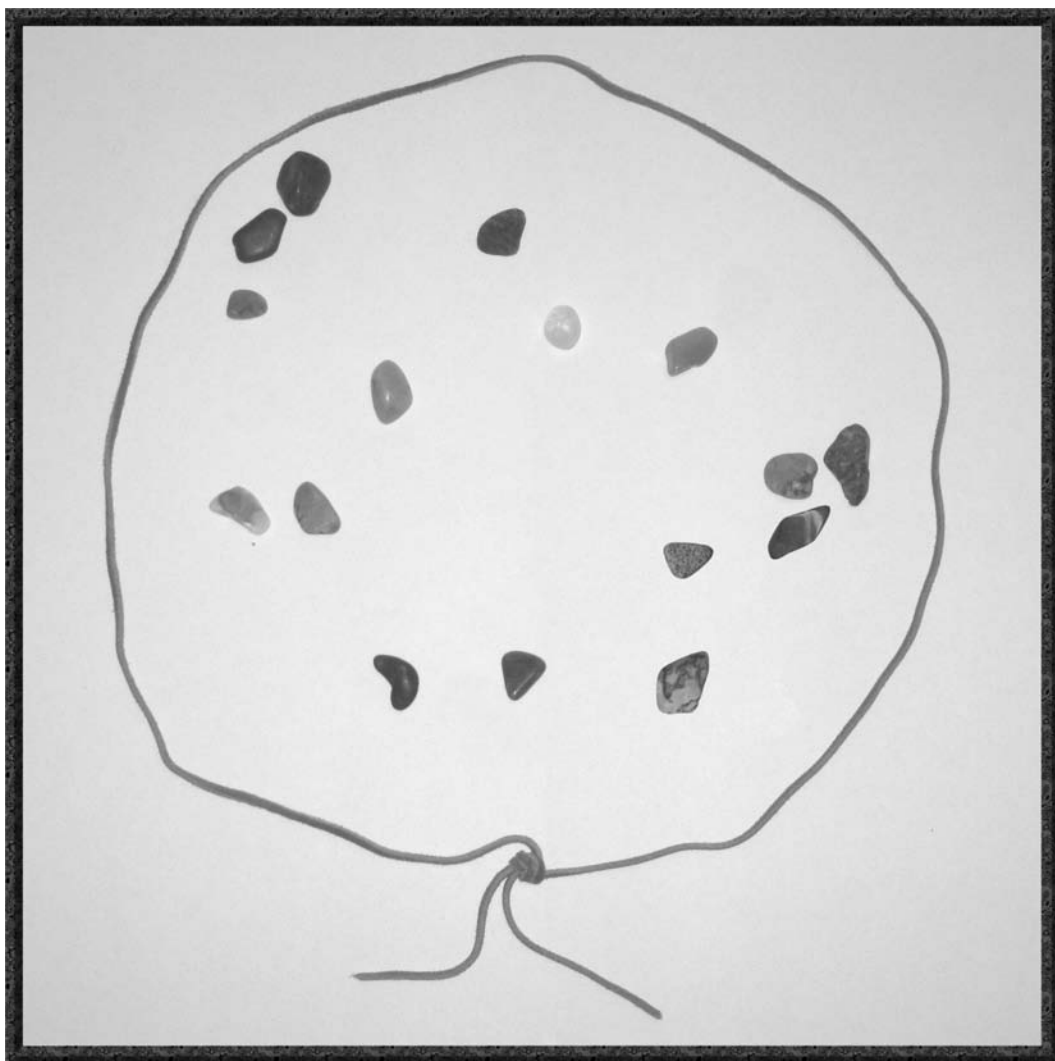
How we interpret virtually everything in life evolves over time and with experience. The art of Lithomancy is no different, since all artists experiment with the fundamentals in order to evolve. Accordingly, a Reader who practices Lithomancy will develop psychically and discover that a personalized method of interpretation will continually reveal itself, more so with each reading. With practice and devotion, the art of interpretation will become second nature and manifest almost exclusively through feelings and intuition, rather than through analysis or logic. To get to that point one must start with the basics, just as one does to learn to drive, play sports, play music, or do most things in life.

The Circle

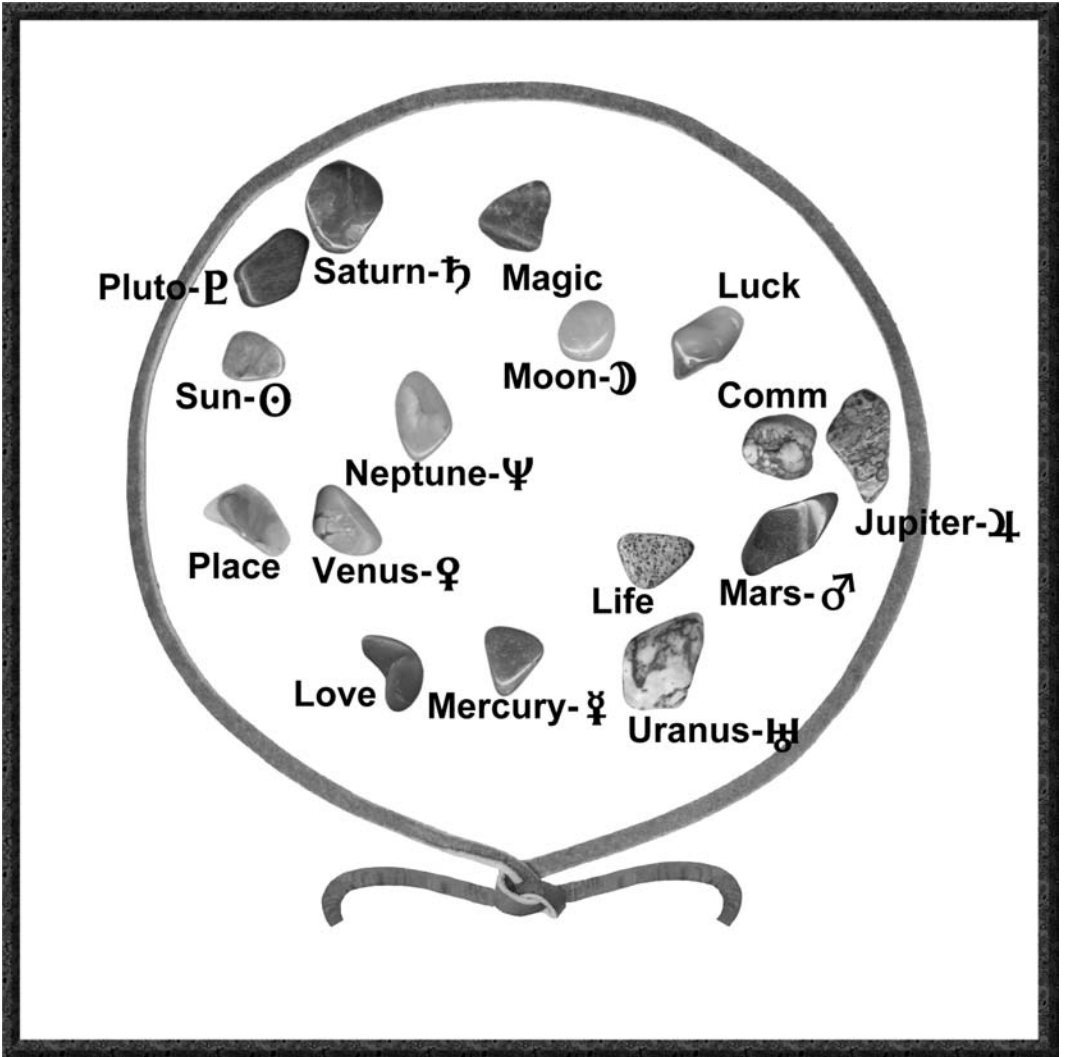
The **Circle** represents the Subject's environment, but at times it can be seen as representing another person's environment. This Circle can be formed using a strip of leather, lace, string, or similar material about three to four feet long with a knot tying the two ends together a few inches from each end. This material should be placed on soft surface and spread out evenly in all directions to form a Circle about twelve to fifteen inches in diameter. This size allows ample space for the Stones to land without ending up in one tight pile or being scattered too widely.

The Circle of leather in the following **Pictures** is intentionally almost perfectly round, allowing the superimposed images to appear visually balanced and easy to read. It is difficult to lay a strip of material in a perfect circle, and

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Picture 1

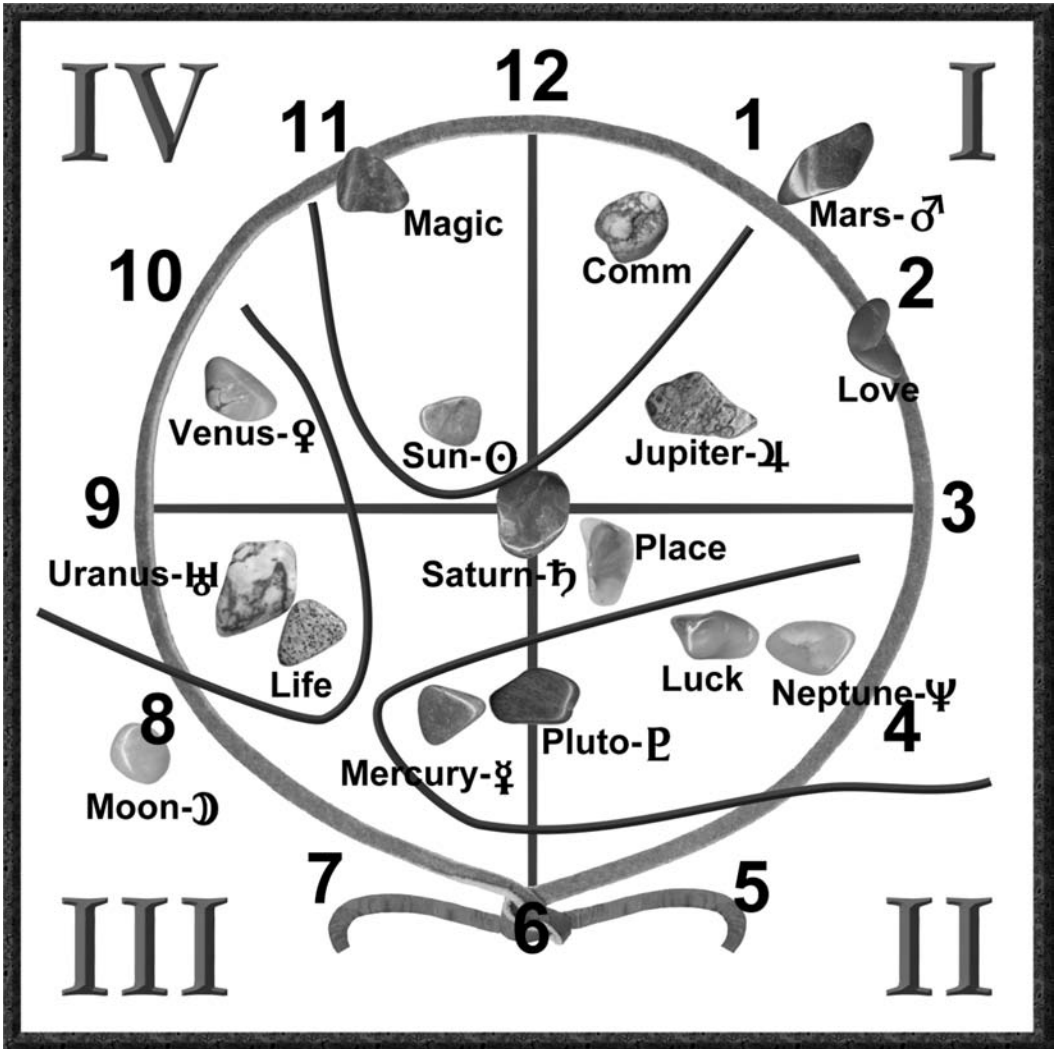


Picture 2

By comparing Pictures 1 and 2 you will notice that I enlarged my Stones and made them more similar in size for illustrative purposes. The relative sizes of the Stones are not that important, but how and where they land is of utmost importance. All Stones interrelate with each other, and any Pattern reveals numerous connections between Stones, far too many to mention in any example. In the sections that follow, I point out only a few relationships to illustrate certain points. In the end, interpreting Patterns is a learned process,

Methods of Reading

The arrows in Picture 17 indicate only some of the connections between Stones, and many other arrows could be visualized. The short Arrows show connections that are obvious. The long Arrows show those that are less obvious and can reveal complex relationships between several Stones. Long Arrows reach out, capture, and include, and are versatile tools for interpretation.



Picture 18

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In **Picture 18** the same Pattern is shown with some open **Loops**, providing another visualization tool. Loops can be large or small, they can overlap, and they can include any number of Stones.

Notice that a Loop encompasses the Sun, Magic, and Commitment Stones. Another encompasses the Pluto, Mercury, Neptune, and Luck Stones. A third Loop encompasses the Life, Uranus and Venus Stones. Loops such as these reveal another way to visualize relationships between Stones.

Loops are more inclusive than short Arrows and reveal broader connections between Stones in larger sections of a Pattern, empowering a Reader to gain insights into issues involving several Stones. Numerous other large and small Loops could be visualized and considered, since the Reader defines a Loop according to what Stones or issues are being investigated, how that Reader sees connections, and/or questions a Subject might ask.

Pictures 16, 17, and 18 reveal how different relationships between Stones become evident via different visualization tools. Stones in one part of a Pattern may appear connected by Arrows or Loops, while Stones in another part may appear connected by images, forms, or shapes.

An enormous amount of information is symbolically represented in any Pattern. Some is obvious and easily accessible through knowing the meanings of the Stones and observing their basic arrangement. Other information becomes apparent by applying a variety of visualization tools, opening more avenues for interpretation and triggering more insights.

With experience, the reading process becomes second nature. Understanding and using various ways to see relationships between Stones is the starting point. Honing in on issues of concern or interest to the Subject is the goal.

Now imagine how much insight can be accessed from a Pattern formed by a real Subject and interpreted by an open-minded Reader using natural psychic abilities and a personalized system of Lithomancy. Insights reveal themselves through symbolism. Understanding that symbolism and rendering information about the meaning behind it is precisely what is involved in Lithomancy, or any psychic art.

Chapter 4 – Giving Readings

In the following sections I offer my philosophy on giving readings and on life, and I explain the processes I go through.

Preparation

Before giving a reading, a Reader should always take a few minutes to relax, breathe deep, meditate, and clear the mind. Being in a state of openness and receptivity empowers a Reader to psychically tune into the Subject and/or the issue at hand and offer important and relevant information. Naturally, all Readers will develop and use unique methods of preparation that match their unique personalities and psychic perspectives, but pure motivation, sincerity, dedication, and a non-judgmental attitude are essential to offer an effective and accurate reading.

After this important step, a Reader should ‘erase and energize’ the Stones by gently rolling them around in his or her hands for a few moments until they feel warm and activated. When doing a reading in person, the Reader should sit across from the Subject, place the leather or other material around the Subject’s wrists, and hand that Subject the Stones to ‘erase and energize’ in a similar fashion.

When the Subject is finished, the Reader should place the material on a cloth and spread it out evenly in all directions to form a Circle with the knot (6 o’clock) facing the Subject, and top of the Circle (12 o’clock) facing the Reader. In this way the Subject will see the Pattern as shown in all the

Giving Readings

Where to start

Start at the beginning. Learn the meanings behind the Stones and some basic concepts about how to interpret Patterns. After you select your Stones, you might take a picture of them with the name under each, print it, and use it as a reference until you memorize them. Or place small, temporary tags with a symbol or name on each Stone.

The next step is to practice. I suggest giving readings to friends who would not be disappointed by some degree of inaccuracy. A person can read a dozen books about how to drive a car or play the piano, but it is only when one gets behind the wheel or tinkers with the notes that he or she really begins to learn the process. The same goes for Lithomancy. One must dive in and practice, just as one must to develop expertise in any art or skill.

To give a basic reading, a beginning Reader can simply refer to the Main Keywords for each Stone and interpret the Pattern rather literally, as I have done in the examples herein. On the other hand, just as an athlete can usually take on another sport easier than a non-athlete, a person who has already developed his or her psychic abilities and/or uses other psychic arts (astrology, palmistry, Runes, Tarot cards, etc.) can more easily learn to intuit Events than a person who has yet to practice such arts or develop such abilities.

People develop their psychic abilities primarily through motivation, experience, and technique. Confidence comes with experience. There will be a first Lithomancy reading, a second, and so on. With each reading, dedicated Readers will become more empowered to see and feel how much is represented in every Pattern, and will discover more about the reading process and about themselves. Tapping into the psychic worlds is advantageous to everyone. It brings to conscious awareness that which is obscured, reveals why things manifest as they do, and makes life more interesting, meaningful, comprehensible, harmonious, and empowering.

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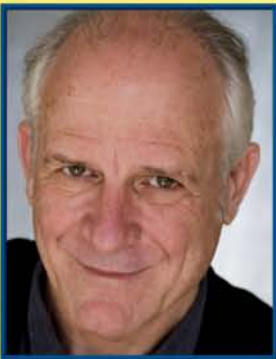


Discover how the pattern formed by Sixteen Stones dropped into a circle can reveal insights about:

- the next three months in a person's life
- investigations, concepts, and business plans
- unique situations, opportunities, or other people
- specific areas of interest or concern
- anything a Reader learns to interpret.

The sixteen stones consist of ten Planet Stones - Sun, Moon, Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto - and six Personal Stones - Love, Luck, Life, Magic, Commitment, and Place. Additional stones may be used to represent people, ideas, or situations of interest.

In this book a Reader will learn about the amazing power of Lithomancy, the meanings of all the stones, how to interpret patterns, and how to create and use variations of the basic system.



Since 1973, Gary L. Wimmer has been giving readings in person and over the phone in the USA and in Europe. Known by numerous professional psychics as the master of Lithomancy, Gary works regularly at psychic fairs, parties, conventions, fundraisers, on cruise ships, and on live radio and TV. For information see:

garywimmer.com/psychic